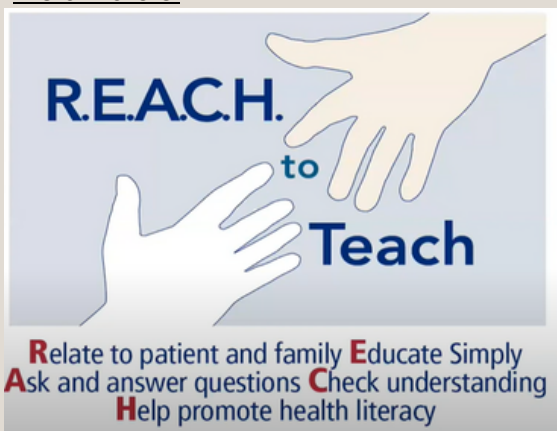


Coalition Connect

The latest news from the
Utah Health Literacy Coalition

Health literacy professional development

YouTube



This presentation was delivered at the IHA conference by Carolyn Catilli and her colleagues from Penn Medicine. They share their curriculum, which focuses on patient education through techniques such as “teach-back,” cultural competence, and empathy

development. The curriculum includes a mixture of didactic content, patient panels, role play, and simulations with standardized patients to ensure that healthcare professionals can effectively communicate and enhance patient engagement. The program is not merely a one-time event but aims to instill a culture of continuous learning, where patient interactions—regardless of the duration or setting—are seen as opportunities for effective communication and education.

[Watch HERE](#)

↓ In this newsletter you will find:
Upcoming events, Helpful Tools, Health literacy tips, Recent research & Member spotlight. Keep Reading!



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UHLC website coming soon!
UtahHealthLiteracy.org

Upcoming Events

Utah Health Literacy Coalition Learning session



Consumer Health Information Specialist (CHIS) - What, Why, Who, Where and How

Date: April 24 Time: 12:30 pm

A Librarian's Guide to Consumer Health

[REGISTER NOW](#)



National Library of Medicine
Network of the National Library of Medicine

Date: April 1-29

Time: 12:00-1:30pm

Location: Virtual

This 4-week, self-paced online class covers the health information seeking behavior of consumers and the role of the librarian in providing health information for the public.

Impacting Health Equity through Health Literacy & AI

[REGISTER NOW](#)



Date: April 8

Location: Virtual webinar

Samuel Mendez highlights the impact of health literacy and artificial intelligence on health equity through discussion of AI tools used to provide health information and best practice for tools and analysis of health equity implications of generative AI tools.

Effective Health Communication and Health Literacy

[REGISTER NOW](#)



National Library of Medicine
Network of the National Library of Medicine

Date: April 10

Time: 10:00 - 11:00 am

Location: Virtual

This webinar introduces health literacy and health communication, outlines components of clear health communication, and identifies resources from NLM, government agencies and other resources for health literacy and health communication.

Climate and health symposium

[REGISTER NOW](#)



Date: April 29 **Time:** 9:00 AM -4:00 PM

Location: Viridian Event Center, West Jordan (**Virtual option also available**)

This in-person/virtual gathering will bring together experts, professionals, and enthusiasts from various fields to discuss Climate Resiliency Successes. Lunch and breakfast served.

24th Annual Virtual IHA Health Literacy Conference

[REGISTER NOW](#)



Health Literacy Conference
Operational Solutions to Improve Health Literacy & Health Equity

Date: May 13-15

Location: Virtual

This conference is for professionals across healthcare, public health, education, and beyond. Whether you're working directly with patients or shaping policies at an organizational level, this is an opportunity to connect with others in the health literacy community.

Helpful Tools



Check out these helpful tools for improving health literacy

[CDC online health literacy courses](#)

- Health literacy for public health professionals free continuing education
- Health literacy for public health professionals certificate of completion
- Fundamentals of communicating health risks

[Institute for Healthcare Advancement Health Literacy Specialist Certificate Program](#)

- Community engagement
- Ethics
- Language, culture, and diversity
- Public health
- Communication
- Education
- Organizational systems and policies

[Consumer Health Information Specialization \(CHIS\)](#)

- Know the Community
- Know the Health Consumer
- Knowledge of Subject Matter and Existing Resources
- Health Information Evaluation
- Communication and Instruction

Health Literacy Tip

Steps to health literacy professional development



1. **Strengthen your knowledge base**

- a. Certificate programs
- b. Workshops and training



2. **Improve communication skills**

- a. Plain language training
- b. Cultural impact on health literacy and message tailoring
- c. Easy-to-read and understand visual and digital communication



3. **Gain practical experience**

- a. Work in health education
- b. Collaborate with experts
- c. Volunteer



4. **Stay updated on research and trends**

- a. Read health literacy journals
- b. Join professional organizations
- c. Follow policy changes



5. **Network and advocate**

- a. Attend conferences
- b. Engage in policy work
- c. Mentor others

Research

A Delphi study on health literacy competencies for health professionals

Experts from Switzerland, Austria, and Germany identified 14 core competencies for health professionals regarding health literacy, categorized into knowledge, skills, and attitude. Key competencies include understanding health literacy's importance, using clear communication, engaging patients, recognizing cultural barriers, and emphasizing effective communication for quality care. These findings lay the foundation for assessing professional health literacy, integrating it into curricula, and developing targeted training programs.

[Read more](#)

Professional responsiveness to health literacy: A scoping review



We found 14 definitions and 10 categories of professional responsiveness to health literacy. Professional responsiveness to health literacy was characterized as knowing the definition and implications of health literacy for the patient's well-being and being able to develop, adapt, implement, and evaluate health education strategies. Nineteen strategies were mapped for education to ensure professional responsiveness to health literacy.

[Read more](#)

Health literacy competency requirements for health professionals: a Delphi consensus study in Taiwan

This study led to the identification of key health literacy competencies that can serve as measurable learning objectives for designing a health literacy curriculum for health professionals. The prioritized health literacy practices can act as benchmarks for the competencies health professionals should acquire and consistently apply in clinical settings.



Read more

Member Spotlight

Josh Clemens

Senior Librarian for Health Outreach

Salt Lake County Library



Why did you join the Utah Health Literacy Coalition? As a librarian, I have been trained on how to find reliable resources for accurate information. In my role as a Health Outreach Librarian, there's no network more valuable than the UHLC!

Briefly explain some health literacy projects you have worked on this year.

I contacted Project Read to offer the assistance of the Utah Health Literacy Coalition with their focus on health literacy in the first quarter of 2025. Amber Hall and I were able to attend a training session for adult tutors at the South Salt Lake Community Center in February. Amber gave a presentation on health literacy expectations and impacts to the tutors, and we answered questions and provided useful tips.

What was the outcome of those projects?

The tutors were given more resources and suggestions for their one-on-one sessions with adults from marginalized communities. The Utah Health Literacy Coalition connected with Project Read, which operates in Salt Lake and Utah County.

What is your favorite part of being part of the Utah Health Literacy Coalition? We are all striving to improve outcomes for the same community in a holistic approach. Through our combined efforts, we make a positive difference at a personal level.

Thank you for your support! I hope to get to know every member of our growing coalition